

**Okaloosa County
News Release**

July 11, 2014

Kathy Newby, 850.651.7515, knewby@co.okaloosa.fl.us

**Okaloosa Plans 5K Run & Yard Sale to Benefit American Heart Association
*Have a Heart 5K Run/Walk Benefits Emerald Coast Fisher House & AHA***

Employees of Okaloosa Board of County Commissioners will have a Yard Sale to benefit the American Heart Association (AHA) on **Saturday, July 26**. The yard sale will be held from **7 AM until noon**, in the building on Odd Fellow Road, adjacent to the Water and Sewer Building at 1804 Lewis Turner Boulevard in Fort Walton Beach. If you would like to **donate items for the July 26 Yard Sale**, call **Kim Kilpatrick, 850-651-7143**. All proceeds benefit AHA.

Okaloosa County Public Safety's "Have a Heart 5K Run/Walk" is in its third year. This event is **August 23, at 7:30 a.m. at the NWF State College Campus** in Niceville. Early registration for the Have a Heart 5K is \$20 by August 16 and \$25 afterwards. The first 200 entrees will receive a tee shirt. A registration can be downloaded at <http://nwftc.com/racing/race-calendar> or register on active.com: <http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int=>.

The Have a Heart 5K Race Start is at the 911 Emergency Operations Center at the NWF State College, 90 College Boulevard in Niceville. Proceeds benefit Emerald Coast Fisher House and the American Heart Association. **For more information email Ken Wolfe, kwolfe@co.okaloosa.fl.us.** The American Heart Association is supported by Okaloosa County Commissioners through employee participation and commitment in personal wellness through its Employee Wellness Program.

###