

Okaloosa County News Release

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NR13-16



Expo Sat. 9:30 AM-2 PM *Emerald Coast Convention Center*

Need help saving money or energy, help with your taxes, or help with your garden? Protect your family's health, wealth and environment, and attend this fun family event, **FREE**. The Eco-Nomic Living Expo is Saturday, **February 2**, from 9:30 a.m. until 2:00 p.m., at the **Emerald Coast Convention Center**. Visit www.economiclivingexpo.com for details.

Learn to make Smart Choices by participating in this FREE event. The Eco-Nomic Living Expo is a fun learning experience with numerous events and opportunities, such as:

- FREE Document Shredding
- FREE Tax Preparation (with annual income up to \$51K)
- FREE Identity Kits for children
- Emerald Coast Wildlife Refuge
- Bring the kids! Kids can create a Chia pet or Eco-Bot!
- **Seminars & Workshops Schedule:**
 - 10 AM - Rain Barrel Workshop, Vegetable gardening, Retirement planning, Conserving energy & Benefits of massage.
 - 10:45 AM – ID Theft, FL friendly landscape, Outdoor experiences, backyard poultry & Olive oil
 - 11:30 AM – 9 Winning Ways to Talk About Money, Dr. Victor Harris
 - 1 PM - Lawn management, Weight management, Using herbs & Talking about Money

“The Eco-Nomic Living Expo is an educational and fun experience and our audience grows each year,” said Extension Agent Elaine Courtney. “Additionally, University of Florida Professor Dr. Vic Harris will talk about **‘Winning Ways to talk about Money.’**”

Vendors, sponsors, businesses and organizations whose focus is the same as the overall theme of the Economic Living Expo, “Smart Choices: Money, Home, Health & Environment,” are encouraged to call the Okaloosa County Extension office at 850-689-5850 or **850-797-4902** or email Brenda Smith at bsmith@co.okaloosa.fl.us or visit <http://economiclivingexpo.com> or okaloosasaves.org.

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