

# Okaloosa County News Release



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Kathy Newby, 850.651.7515, [knewby@co.okaloosa.fl.us](mailto:knewby@co.okaloosa.fl.us)

Elaine Courtney, 850-689-5850, [ecourtney@co.okaloosa.fl.us](mailto:ecourtney@co.okaloosa.fl.us)

## **Food Preservation Workshop Friday *Enjoy the Fruits & Veggies of Summer***

“Preserve the Essence of Summer” will be held Friday, June 15, from 10 a.m. until noon at the Okaloosa Extension Office, 5479 Old Bethel Road in Crestview. **Pre-registration required by calling 689-5850.** A fee of \$10 is required for class materials. [Click here to register](#) or for [more info](#).

This is a great time of year when “fresh from the garden” produce, such as Squash, beans, peas, potatoes, tomatoes, cucumbers, peaches, blueberries and more, is readily available! Learn how to save the season’s harvest and capture the fresh flavors of summer at the upcoming Food Preservation Workshop. **This will include both water bath and pressure canning methods, as well as freezing & dehydrating.**

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