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Crestview Public Library

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## **Okaloosa County Public Library Cooperative News Release-Bob Sikes Library-Crestview**

### **“Curing ADD/ODD/DVD Behavior in Children” with Dr. Peter T. Oas Crestview Public Library 10:30 a.m., Tuesday, June 5<sup>th</sup>**

Clinical child psychologist and author Dr. Peter Oas will present “Curing ADD/ODD/DVD Behavior in Children” for the June 5<sup>th</sup> First Tuesday series program at the Crestview Public Library.

The development of a child’s capacity to attend, reflect, maintain self-control and act calmly is a normal task for all parents to accomplish. Instead of focusing on the idea that ADD/ADHD is a biologically-based disease, genetic defect or neurological disorder that is incurable, Dr. Oas’s very candid and thorough discussion will stress a common sense parent-child family therapeutic approach which simply mirrors in some aspects “good old-fashioned parenting.”

Developing an organized, disciplined, healthy family lifestyle is not easy for parents in today’s high-speed, high-stress society. Dr. Oas will share his 28 years of extensive experience in working with thousands of ADD/ADHD children and their families and give practical guidelines on developing in children the ability to look, listen and respond appropriately.

This free program begins at 10:30 a.m. with coffee and cookies served starting at 10 a.m. The library is located at 1445 Commerce Drive behind the Post Office in north Crestview. Call 682-4432.

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