

Okaloosa County News Release

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NR12-73

5K Run to Benefit JR Lifeguards May 12 *Run on the Beach!*

Saturday, May 12, a 5K Run/Walk is scheduled to begin at Beasley Park on Okaloosa Island. Registration is at 5:00 p.m. and the Run/Walk starts at 6 p.m. Registration is \$25 and includes Tee shirt provided with registration, and prizes for the top runners. For more information about the run, visit: active.com. All proceeds benefit Junior Lifeguard Program.

The Junior Lifeguard Program includes an open house, tours, trips and kids learn about personal and public safety, CPR, as well as, interact with an EMS ambulance, Coast Guard, Air Heart, marine life and more. For more information about the Junior Lifeguard program, please Call Megan Vermaas at 850-259-3999, or visit: okaloosabeachsafety.org.

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